

MDMLG — General Business Meeting

A Physical Therapist's Personal Experiences

on

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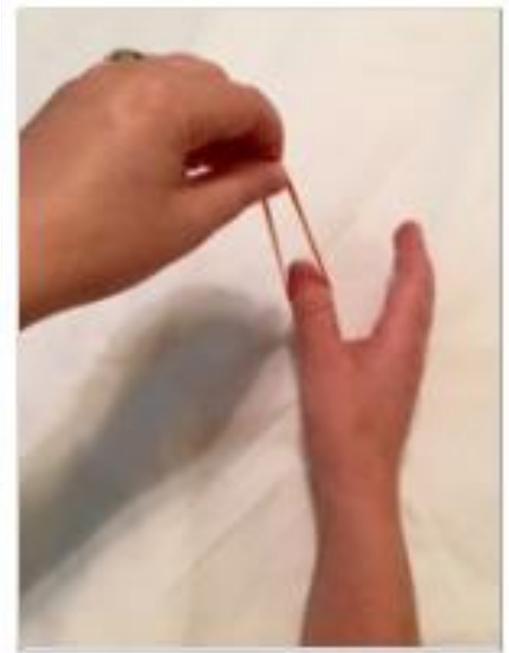
Clinical Information Seeking

March 15, 2018

Presented by: Derek Chan PT

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First things first...



## Identifying my information needs

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- New procedure or protocol
- Unknown or unfamiliar diagnosis
- Want an update on what's the latest in EBP
- Patient is just not getting better
- Just want to learn more

P	I	C	O
Population Patient Problem	Intervention Or Exposure	Comparison	Outcome
Who are the patients?  What is the problem?	What do we do to them?  What are they exposed to?	What do we compare the intervention with?	What happens?  What is the outcome?

## Question

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What are typical injuries sustained by librarians?



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### Latest Literature

New articles from highly accessed journals

[Adv Exp Med Biol \(1\)](#)

[Circulation \(1\)](#)

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[J Am Coll Cardiol \(2\)](#)

### Trending Articles

PubMed records with recent increases in activity

[TREM2 Is a Receptor for  \$\beta\$ -Amyloid that Mediates Microglial Function.](#)  
Neuron. 2018.

[CRISPR-Cas9 screens in human cells and primary neurons identify modifiers of C9ORF72 dipeptide-repeat-protein toxicity.](#)  
Nat Genet. 2018.

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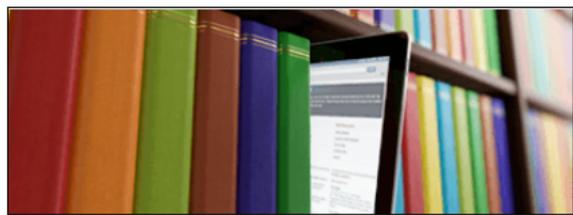
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- ### Trending Articles
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  - [CRISPR-Cas9 screens in human cells and primary neurons identify modifiers of C9ORF72 dipeptide-repeat-protein toxicity. Nat Genet. 2018.](#)

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- [Strategies for successful trauma registry implementation in low- and middle-income countries- protocol for a systematic review.](#)

1. Paradis T, St-Louis E, Landry T, Poenaru D.  
Syst Rev. 2018 Feb 21;7(1):33. doi: 10.1186/s13643-018-0700-2.  
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2. Peterson K, Anderson J, Boundy E, Ferguson L, McCleery E, Waldrip K.  
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- [Do Prophylactic Foam Dressings Reduce Heel Pressure Injuries?](#)

3. Ramundo J, Pike C, Pittman J.  
J Wound Ostomy Continence Nurs. 2018 Jan/Feb;45(1):75-82. doi: 10.1097/WON.0000000000000400.  
PMID: 29300293  
[Similar articles](#)

- [Clinical information seeking in traumatic brain injury: a survey of Veterans Health Administration polytrauma care team members.](#)

4. Hogan T, Martinez R, Evans C, Saban K, Proeschler F, Steiner M, Smith B

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[Occup Med \(Lond\)](#). 2013 Sep;63(6):432-4. doi: 10.1093/occmed/kqt080. Epub 2013 Jul 16.

## Prevalence of upper limb disorders among female librarians.

[Pandy R<sup>1</sup>](#).

[+ Author information](#)

### Abstract

**BACKGROUND:** Work as a librarian involves exposure to potential risk factors for developing upper limb disorders. The prevalence of upper limb symptoms has, however, not previously been assessed in this occupational group.

**AIMS:** To estimate the 7-day and annual prevalence of self-reported neck and upper limb symptoms in librarians and to examine associations with specific tasks and ergonomic risk factors.

**METHODS:** A cross-sectional study using components of the standardized Nordic questionnaire. The study population consisted of librarians employed by a large local authority, and data collection was by means of a self-administered questionnaire.

**RESULTS:** from studies on keyboard workers and on the general population were used as comparators.

**RESULTS:** The 7-day prevalence of self-reported neck and upper limb pain in female librarians was 42% (95% confidence interval (CI) 33.7-50.5) and the annual prevalence was 65% (95% CI 56.6-72.8). The prevalence of reported wrist and hand pain increased with increased working involving a wide thumb-index span ( $P < 0.05$ ) with a significant linear trend in prevalence with increasing exposure ( $P < 0.01$ ). There was a strong association between reporting hand and/or wrist pain and awareness of work-related upper limb disorder ( $P < 0.05$ ).

**CONCLUSIONS:** The annual prevalence of self-reported upper limb symptoms among female librarians was high, but there was insufficient evidence to confirm whether the prevalence was higher than in the general population or among keyboard workers. Working with a wide thumb-index span was associated with reporting upper limb symptoms.

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**Title:** Prevalence of upper limb disorders among female librarians.

**Source:** Occupational medicine [0962-7480] Pandy, R yr:2013 vol:63 iss:6 pg:432 -434

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## What's New @ Sladen

The February listing of [HFHS Author Publications](#) is now available.

The next meeting of the [HFHS Healthcare Equity Book Club](#) is scheduled for April 18. The book to be discussed is "Born Round: The Secret History of a Full Time Eater" by Frank Bruni. The Sladen Library has limited copies of the book club selections available for checkout. Please visit the [Healthcare Equity Book Club](#) page for more details.

Ask Us

### Quick Links

- AccessMedicine
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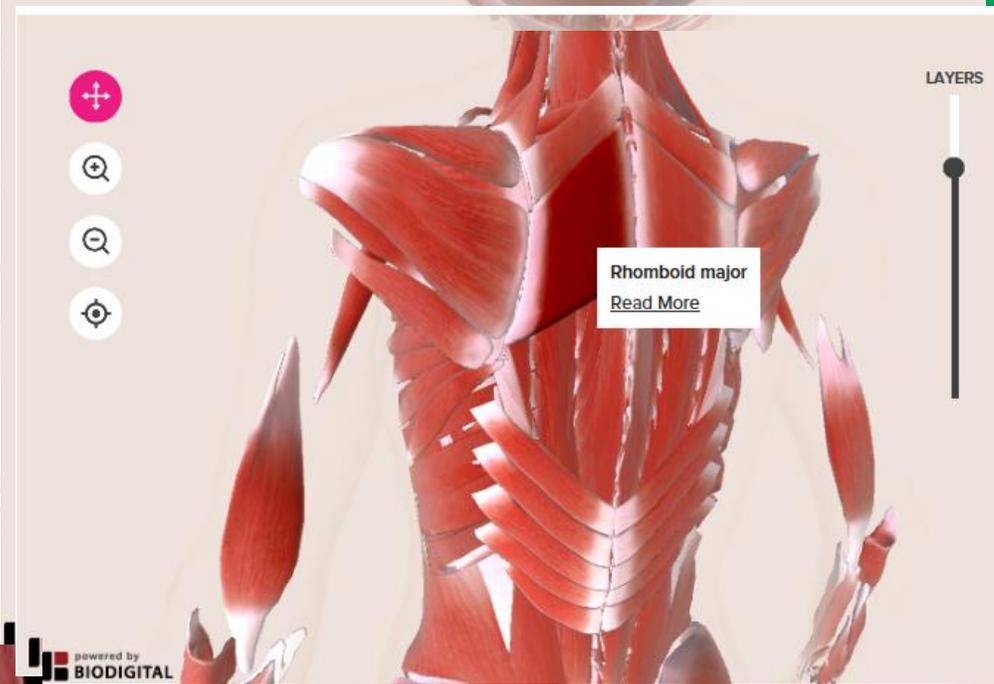
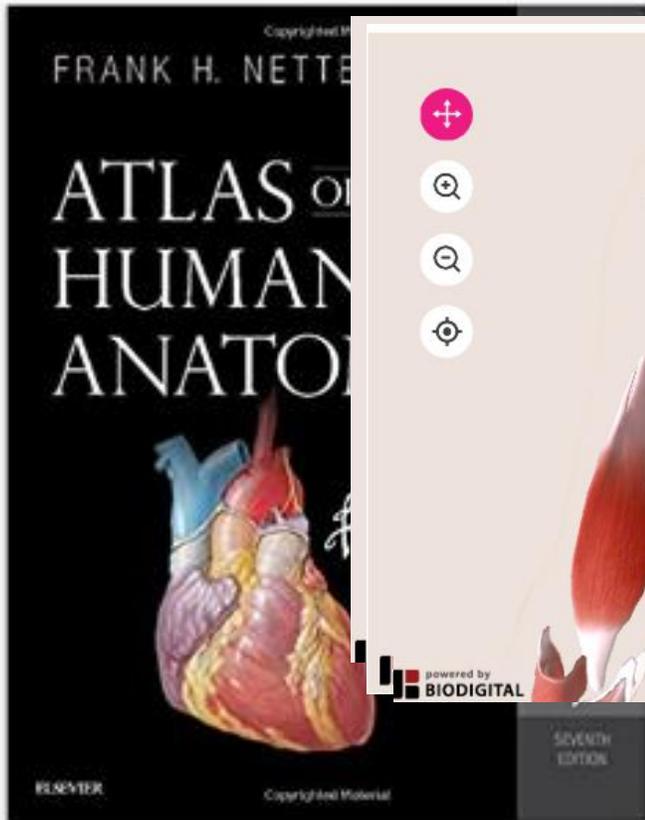


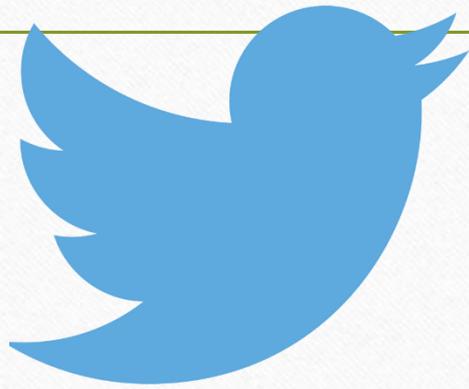
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APTA

American Physical Therapy Association<sup>SM</sup>





# Using the Information

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- Try on patient
- Practice on coworkers
- Immediate Feedback!

# Questions?

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